



KENYA METHODIST UNIVERSITY

SCHOOL OF HEALTH SCIENCES

DEPARTMENT OF PUBLIC HEALTH, HUMAN NUTRITION AND DIETETICS

DEPARTMENT OF PUBLIC HEALTH, NUTRITION AND DIETETICS COURSES ON OFFER - YEAR 2025 (SEPT-DEC)

BSC PUBLIC HEALTH	
ALL NEW STUDENTS (Registration numbers ending with 3/2025)	
Unit Code	Unit Title
THEO 111	Christian Beliefs
BSPH 111	Communication for Health professions
BSPH 112	Applied Technical Mathematics
BSPH 122	Laboratory Methods for environmental health
COMP 100	Computer applications
BSPH 121	Applied chemistry
YEAR ONE (Registration numbers ending with 2/2025 AND 1/2025)	
Unit Code	Unit Title
BSPH 113/EHSU 122	Basic life support and emergency care
BSPH 121/EHSU 124	Applied chemistry

BSPH 126/EHSU 134	Human anatomy and physiology
BSPH 212/EHSU 135	Environmental health parasitology
BSPH 215/EHSU 235	Technical drawing and design
BSPH 216/EHSU 233	Land development and settlement management
BSPH 122	Laboratory methods for Environmental Health
YEAR TWO (Registration numbers ending with 3/2024, 2/2024, 1/2024)	
Unit Code	Unit Title
BSPH 311/EHSU 225	immunology
BSPH 314	epidemiology
BSPH 323	Environmental information systems
BSPH 325/ EHSU 136	Communicable diseases
BSPH 326	Non communicable diseases
BSPH 313	Environmental Inspection
MATH 231	Biostatistics
BSPH 316	Research Methodology

BSC ENVIRONMENTAL HEALTH COURSES ON OFFER (SEPT- OCT 2025)

YEAR THREE (registration number ending with 2/2023/ 1/2023/ 3/2023)	
EHSU 224/CHTU 224	Health management information systems
EHSU 333/CHTU 333	Disaster and emergency preparedness and management
EHSU 338/CHTU 336	Environmental law and policy
EHSU 227	Environmental impact assessment
EHSU 234	Building science and technology
EHSU 222	Animal pathology and meat inspection
IF COURSE WORK ABOVE IS COMPLETE- THEN REGISTER FOR ATTACHMENT AND PROJECT - below	
EHSU 321	Attachment
EHSU 322	Project
BSC COMMUNITY HEALTH COURSES ON OFFER SEPT-DEC 2025	
BSC COMMUNITY HEALTH	
NEW STUDENTS – Registration ending with 3/2025	
Unit Code	Unit Title
THEO 111	Christian Beliefs

CHTU 111	Communication skills for health professionals
CHTU 112	Critical thinking and academic writing
CHTU 121	College Mathematics
COMP 100	Computer applications
HSCI 225	HIV & AIDs
YEAR ONE STUDENTS – CONTINUING STUDENTS	
Unit Code	Unit Title
CHTU 122	First Aid and Emergency care
CHTU 124	Principles of chemistry
CHTU 134	Introduction to anatomy and physiology
CHTU 135	Introduction to medical parasitology and entomology
CHTU 225	Community psychology
CHTU 231	Nutrition, health and food security
YEAR TWO - registration number ending with (2/2024, 1/2024, 3/2024	
CHTU 136	Communicable disease prevention and control
CHTU 222	Medical demography
CHTU 223	Principles of epidemiology
CHTU 224	Health management information systems

CHTU 215	Non-communicable disease prevention and control
CHTU 123	Social Psychology
YEAR THREE (registration number ending with 3/2023, 2/2023, 1/2023)	
CHTU 235	Community diagnosis and community directed interventions
CHTU 313	Primary health care and community based healthcare
CHTU 332	Management of human resources for health
CHTU 333	Disaster and emergency preparedness and management
CHTU 336	Public health law and ethics
*CHTU 233	Traditional medicine
YEAR FOUR (registration number ending with 3/2023; 2/2021; 1/2022)	
You can register for Practicum and Research Project if all the units from year one to year three listed are covered.	
CHTU 321	Community Health Practicum
CHTU 322	Research Project

BSC HUMAN NUTRITION AND DIETETICS

NEW STUDENTS – Registration Number ending with 3/2025

Unit Code	Unit Title
BHND 111/COMM 111	Communication Skills for Health Professionals
HSCI 225	HIV/AIDS
COMP 100	Computer Applications
BUSS 114	Entrepreneurship
MATH 130	Mathematics/ Basic statistics
THEO 111	Christian Beliefs
YEAR ONE Continuing Students	
Unit Code	Unit Title
BHND 121	sociology
BHND 122	psychology
BHND 123	Human anatomy
BHND 124	Physical and inorganic chemistry
BHND 125	Botany and zoology
BHND 126	Introduction to nutrition and dietetics
YEAR TWO	
Unit Code	Unit Title
BHND 221	First aid
BHND 222	Biochemistry
BHND 223	Macronutrients
BHND 224	Human nutrition

BHND 225	Food microbiology and parasitology
BHND 226	Food hygiene and safety
If completed all units above, then register for attachment	
BHND 330	Attachment 1
YEAR THREE	
Unit Code	Unit Title
BHND 321	dietetics
BHND 322	Nutrition care process
BHND 323	Nutrition in disease management
BHND 324	Food preservation and processing
BHND 325	Nutrition pharmacology and immunology
BHND 326/ BSPH 316	Research methodology
YEAR FOUR	
Unit Code	Unit Title
BHND 421	Life skills
BHND 422	Nutrition in emergencies
BHND 423	Nutrition and behavior
BHND 424	Nutrition planning and economics
BHND 425	Leadership in nutrition and dietetics
Unit Code	Unit Title
BHND 440	Attachment II

BHND 441	Students Project
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MASTER OF PUBLIC HEALTH (MPH)	
Unit Code	Unit Code
PHCG 521	Social determinants of health
PHCG 522	Research methods
PHCG 523	Health project management and evaluation
PHCG 524	Disaster and emergency preparedness and management
PHCG 525	Health economics and policy
THOSE WHO HAVE COMPLETED COURSE WORK	
PHCG 540	Seminars , Filed work and Case studies
PHCG 541	Thesis

MSC. HUMAN NUTRITION	
Unit Code	Unit Title
MSHN 511	Clinical nutrition
MSHN 512	Nutrition in the life cycle
MSHN 513	Nutrition assessment
MSHN 514	Nutritional epidemiology
MSHN 523	Research methods
THOSE WHO HAVE COMPLETED COURSE WORK	

MSHN 571	Field Attachment
MSHN 572	Thesis

PHD PROGRAM	
Unit Code	Unit Code
PHND 921	Biostatistics
PHND 922	Public Health informatics
PHND 923	Systems Thinking in Healthcare
PHND 924	Advanced Research Methods